

**LIFE EDUCATION WEEK – BUCHAN SCHOOL**  
**TUESDAY 12<sup>TH</sup> MAY-TUESDAY 19<sup>TH</sup> MAY 2009**

Dear Parents,

Next week is our Life Education Week. We are pleased to benefit once more from the services of Skimmee Gien Mie and the mobile Life Bus.

Each class from Nursery to F2 will have 1 session in the Life bus and Form 3 and 4 will have 2 sessions. All sessions will be led by Marilyn Payne and supervised by a member of staff.

The topics covered in the life bus will be:

Nursery – caring for my body  
P1 – caring for my body  
P2 – healthy eating  
P3 – emotions

F1 – The brain and the body (including smoking and alcohol)  
F2 – Uniqueness (including smoking and alcohol)  
F3 – assertiveness skills and emotional health (including smoking and alcohol)  
F4 – assertiveness skills and emotional health and needs (including smoking, alcohol and other drugs discussion)

We are also pleased to offer a drop-in session for parents on **THURSDAY 14<sup>TH</sup> MAY**  
**from 3.00-3.30.**

The life bus offers the opportunity for your child to learn PSHE in an exciting and innovative way and we look forward to this event.

Kind Regards,

Mrs J Billingsley-Evans